# DON'T BE DRIVEN TO DISTRACTION

Did you know, **distractions from outside the vehicle account for about 30% o**f the distractions that lead to crashes. And **distractions from within vehicles account for up to about 36%?** 



While driving or riding you cannot use your mobile phone to:

- X Text or audio text
- 🔀 Email
- 🔀 Use social media
- X Take photos
- ▼ Video message
- Hold your phone in any way (in hand, on lap, between shoulder and ear).

For your safety it's recommended you do not use your mobile phone at all while driving. Your mobile phone is only permitted while driving or riding if:

- ☑ It is in a cradle fixed to the vehicle and doesn't obscure your view of the road
- ☑ Can be operated without touching any part of the phone, such as via Bluetooth and voice activation.

How to report an incident when travelling on WestConnex To report an incident on the motorway, please call 131 700.

Live traffic information

For the latest traffic information, visit **livetraffic.com** or contact the Live Traffic information line on **132 701**.

#### **Free vehicle registration**

NSW Government provides free vehicle registration for frequent toll users who spend on average **\$25 per week or more in tolls**. Visit **service.nsw.gov.au** for more information.



WestConnex is a proud supporter of Blue Datto's 'Keeping Safe' driver program, a road safety education program targeting young drivers and passengers.

## **WestConnex**

The easiest way to travel on WestConnex is with a working electronic toll tag or pass.

For more information about WestConnex visit westconnex.com.au WestConnex =Transurban

A WestConnex glovebox guide to keeping safe on Motorways



#### **KEEPING SAFE ON A MOTORWAY**



- Always check electronic message signs and variable speed limits.
- Do not stop, except in the event of an emergency.
- Once you are on the motorway, stay in the left lane unless overtaking except when cars are exiting or entering the motorway.
- When exiting, make sure to plan ahead and indicate for at least five seconds.
- Remember to reduce your speed to make a safe exit.
- Do not reverse or perform a U-Turn at any time.

#### **DID YOU KNOW?**

WestConnex tunnels are constantly monitored and operators will send help in the event of a breakdown or emergency.

#### **KEEPING SAFE IN TUNNELS**

۲

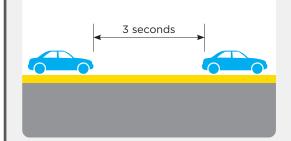


- When driving in a tunnel, always turn your headlights and radio on.
- Take off your sunglasses (if they're not prescription glasses).
- In the event of a breakdown:
  - Turn on your hazard and parking lights immediately
  - Find a safe spot to pullover. It's safest to stop in an emergency lane or breakdown bay
  - Stay in your vehicle with your seatbelt on; and
- Stay calm, assistance will be on its way.

#### **DID YOU KNOW?**

Make sure to listen to your radio when driving in tunnels as emergency broadcasts are cut into normal stations.

### THE THREE SECOND RULE



- When you are driving, a three second 'crash avoidance space' is needed to react and respond to a situation in front of you.
- To calculate this distance, as the rear of the vehicle in front of you passes an object such as a power pole, tree or sign, start a three-second count.
- If your car passes the object you picked before you finish the three-second count, you are following too closely.

For example, the crash avoidance space needed when travelling at 80km/h is 67 metres.

#### **DID YOU KNOW?**

Motorists must reduce speed to 40km/hr when passing emergency service workers.